

THE IMPORTANCE OF Medication Adherence



PRESCRIPTION NON-ADHERENCE **BY THE NUMBERS**



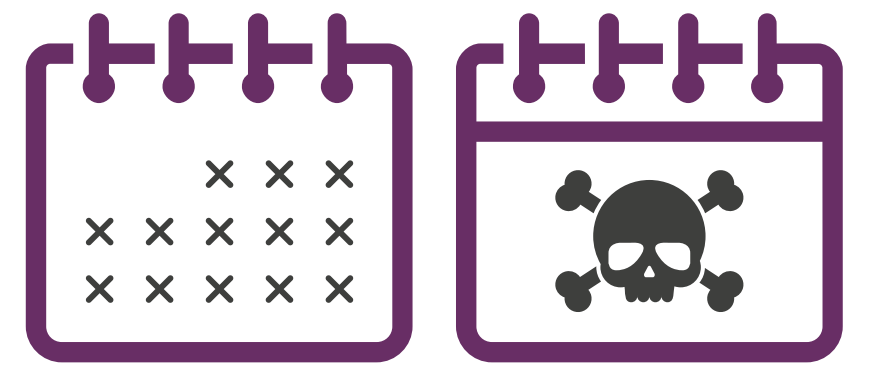
Doctors choose from **over 10,000 medications** to prescribe



1 in 3 adults take **5 or more prescriptions**



50% of prescriptions taken **incorrectly or abandoned**



1 death per day and 1.3 million injuries annually

TOP 5 REASONS FOR PRESCRIPTION NON-ADHERENCE



Patient **feels** prescription is **unnecessary**



Can't afford the **cost** of prescription



Forgets to take the prescription

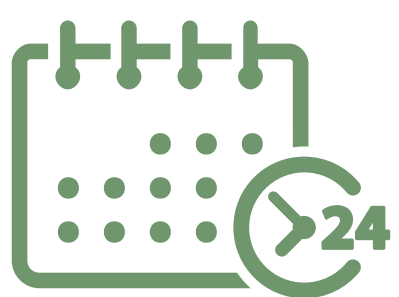


Doesn't like the **side effects** of prescription



Patient **doesn't understand** dosage and directions

6 SIMPLE WAYS TO IMPROVE PRESCRIPTION ADHERENCE



Create a routine by date and time



Set reminders and alerts



Store medications correctly



Report any side effects



Follow up with physician and share concerns



Organize your pills with a dispenser

Talk with your pharmacist about ways to "synchronize your medication schedule" as a way to improve medication adherence.